

Cetirizine or Zyrtec Dosage Chart

Give once every twenty-four hours.	Liquid 5 mg/5 ml	Chewable 5 mg	Tablets 10 mg
Dose	ml or tsp	Tablet	Tablet
AGE			
2-5 yrs	2.5 ml = 1/2 tsp		
6-11 yrs	5 ml = 1 tsp	1	
12+ yrs	10 ml = 2 tsp	2	1

Do not give to children less than 2 years of age unless instructed by your doctor.

Loratadine or Claritin Dosage Chart

Give once every twenty-four hours.	Liquid 5 mg/5 ml	Chewable 5 mg	Tablets 10 mg
Dose	ml or tsp	Tablet	Tablet
AGE			
2-5 yrs	2.5 ml = 1/2 tsp		
6-11 yrs	5 ml = 1 tsp	1	
12+ yrs	10 ml = 2 tsp	2	1

Do not give to children less than 2 years of age unless instructed by your doctor.

Diphenhydramine or Benadryl Dosage Chart

Give every 6 hours if needed. Do NOT give more than 4 doses in twenty-four hours. Do NOT use with any other medicine with diphenhydramine in it.

	Children's Liquid Diphenhydramine 12.5 mg/5 ml	Children's Diphenhydramine Chewable Tablets 12.5 mg	Diphenhydramine Tablets 25 mg	Diphenhydramine Capsules 25 mg
Dose	ml or tsp	Tablet	Tablet	Capsule
WEIGHT				
20 to 24 lbs	4 ml			
25 to 37 lbs	5 ml = 1 tsp	1	1/2	
38 to 49 lbs	7.5 ml = 1 1/2 tsp	1 1/2	1/2	
50 to 99 lbs	10 ml = 2 tsp	2	1	1
100 lbs & over		4	2	2

Do not give to children less than 6 years of age unless instructed by your doctor.

Milliliter is abbreviated as ml, teaspoon is abbreviated as tsp. 5 ml equals 1 tsp.
Do not use household teaspoons because they vary in size.

